Aldean Sharp (Division 24, Solano County) has found a very interesting health and wellness resource: *Aging and Medical Science: A Mini Medical School to prepare for life’s second half* offered by UC Davis Health Systems. It is a series of lectures targeting geriatrics and is the brainchild of Michael K. McCloud, M.D. He explains the purpose behind the series at: [http://www.ucdmc.ucdavis.edu/minimed/class/welcome_class2015.html](http://www.ucdmc.ucdavis.edu/minimed/class/welcome_class2015.html)

A series is presented each year on six Saturdays in February and March. Typical titles are: *The Anatomy of Aging; Nutrition: Does Anyone Know What to Believe Now? A Primer on Infections; Aging and the Mind;* etc. Go to this site to get more information: [http://www.ucdmc.ucdavis.edu/minimed/](http://www.ucdmc.ucdavis.edu/minimed/)

There is a list of recommended readings at the line entitled “Recommended Readings” (bottom line of the box entitled “About Our Program” at the right hand side of the website.)


There are other Medical Schools doing a similar thing: e.g. University of Hawaii [http://jabsom.hawaii.edu/minimedschool/lectures.html](http://jabsom.hawaii.edu/minimedschool/lectures.html) or UCTV [http://uctv.tv/minimed/](http://uctv.tv/minimed/) (on this one you have to do some searching to find presentations tied to aging.)

Aldean has suggested that area leaders might want to Google the medical school in your area to see if your medical school is doing something similar; but people have gone to Davis for the lectures from as far away as Fresno – they are that good.

Tony Mendes
IIRG Facilitator (Insurance Information Research Group)